NOTICE: MEDICAL TREATMENT FOR YOUR WORK INJURY OR OCCUPATIONAL ILLNESS

Your employer has selected a list of 6 or more physicians and other health care providers who are available to treat your work-related injuries and illnesses during the first 90 days of treatment. This list is posted at President's Room-BSR, Attached to this document for you to view. Also, you may get a copy of this list from PA Dutch Council Service Center.

If you are injured at work or suffer an occupational illness, you have certain legal RIGHTS and DUTIES under section 306(f.1)(1)(i) of the Workers' Compensation Act regarding your medical treatment. These rights and duties are summarized below.

MEDICAL TREATMENT: DURING THE FIRST 90 DAYS

- Fyou have the RIGHT to receive reasonable and necessary medical treatment for your work injury or occupational illness. Your employer must pay for the treatment, as long as the treatment is by one of the listed providers.
- You have the RIGHT to choose which of the listed providers will treat you for your work injury or illness.
- You have the RIGHT to switch among any of the listed providers when you receive treatment; and if a listed provider refers you to a provider not on your employer's list, you have the RIGHT to receive treatment from the referral provider.
- You have the RIGHT to receive emergency medical treatment from any provider. However, non-emergency treatment must be given by a listed provider.
- If a listed provider prescribes surgery for you, you have the RIGHT to receive a second opinion from any provider

- of your choice. If that opinion is different from the opinion of the listed provider, you have the RIGHT to choose which course of treatment to follow. If you choose the treatment prescribed in the second opinion, you must receive the treatment from a listed provider for a period of 90 days after the date of your visit to the provider of the second opinion.
- You have the DUTY to visit one or more of the listed providers for the first 90 days of treatment for your work injury or illness if you expect your employer to pay for the medical treatment you receive.
- If you seek treatment for your work injury or illness from a provider who is not on the list, your employer may not have to pay for this medical treatment during this 90-day period. Therefore, you should talk to your employer before seeking treatment from a provider who is not on the list.

IMPORTANT: The requirements your employer must meet to have a valid list of at least 6 providers are shown on the reverse side of this form. If the list does not meet these requirements, it is not a valid list, and you have the right to seek medical treatment for your work injury or occupational illness from any health care provider of your choice.

MEDICAL TREATMENT: AFTER THE FIRST 90 DAYS

- You have the RIGHT to receive treatment from any physician or other health care provider of your choice, whether or not they are listed by your employer. Your employer must pay for this treatment, as long as it is reasonable and necessary for your work injury or occupational illness and has been properly documented by the physician or other health care provider.
- You have the DUTY to notify your employer if you receive treatment from a physician or other health care provider who is not listed by your employer. You must notify your employer within five days of the first visit to any provider who is not on your employer's list. The employer may not be required to pay for treatment received until you have given this notice.

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REQUIREMENTS FOR EMPLOYER'S LIST OF HEALTH CARE PROVIDERS

- 1. There must be at least 6 health care providers on the list, but there may be more than 6 listed.
- 2. At least 3 of the health care providers on the list must be physicians.
- 3. No more than 4 of the health care providers on the list may be coordinated care organizations (CCOs).
- 4. The names, addresses, phone numbers and areas of medical specialities of all health care providers must be included on the list.
- 5. The health care providers on the list must be geographically accessible and must have specialities that are appropriate based on the anticipated work-related medical problems of the employees.
- 6. Your employer must specify on the list if any of the health care providers on the list are employed, owned or controlled by your employer or its workers' compensation insurance company.

NOTE: Your employer's list of health care providers must meet all of the above requirements. **If** the list does not meet all of these requirements, you do not have to choose a provider from the list. Instead, you have the right to seek medical treatment with any health care provider of your choice.

BUREAU OF WORKERS' COMPENSATION HELPLINE INFORMATION CENTER 1-800-482-2383 (long-distance calls inside PA) (717) 772-4447 (local and calls outside PA)



Boy Scouts of America - Jonestown (17038)

NOTICE TO EMPLOYEES IN CASE OF WORK-RELATED INJURIES

Erie Insurance Group 4901 Louise Drive Mechanicsburg, PA 17055 1-800-382-1304

- 1. If you suffer a work-related injury, your employer or its insurance company must pay for reasonable surgical and medical services and supplies, orthopedic appliances and prosthesis, including training in their use.
- 2. In order to insure that your medical treatment will be paid for by your employer or the insurance company, you must select from one of the following health care providers:
- 3. You must continue to visit one of the physicians listed below, if you need treatment, for ninety (90) days from the date of your first visit.
- 4. If one of the persons below refers you to another licensed specialist, your employer or their insurer will pay the bill for these services.
- 5. After this ninety- (90) day period, if you still need treatment and your employer has provided a list as set forth below, you may choose to go to another health care provider for treatment. You should notify your employer of this action within five days of your visit to said provider.
- 6. If a physician on the list prescribes invasive surgery, you may obtain a second opinion from any physician of your choice. If the second opinion is different than the listed physician's opinion, you may determine which course of treatment to follow; however, the second opinion must contain a specific and detailed treatment plan. If you choose the second opinion, the procedures in that opinion must be performed by one of the physicians on the list for the first ninety- (90) days. Therefore, in this situation, the employee may be required to treat with an employer-designated provider for up to 180 days.
- 7. If you are faced with a medical emergency, you may secure assistance from a hospital, physician, or health care provider of your choice for your work-related injury. However, when the emergency is resolved, you must seek treatment from a provider on the following list.

FOR ASSISTANCE IN SCHEDULING PHYSICAL/OCCUPATIONAL THERAPY OR CHIROPRACTIC REHABILITATION, PLEASE CALL ALIGN NETWORKS TOLL FREE 1-866-695-3299

<u>Name</u>	<u>Address</u>	Scheduling	Area Of Specialty
MedExpress Urgent Care	1010 West Crestview Drive Lebanon, PA 17042	717-272-7469	Occupational Medicine
Corporate Regain	4th & Walnut Streets Good Samaritan Hospital Lebanon, PA 17042	717-270-7774	Occupational Medicine
Lebanon Orthopedic Associates	912 Russell Drive Lebanon, PA 17042	717-272-7971	Orthopedics
AO Orthopedics - Dr. Avallone, Diverio & Simonelli	801 Orange Street Lebanon, PA 17042	717-270-6900	Orthopedics

Dr. David L Streisfeld	834 Norman Drive Lebanon, PA 17042	717-272-6000	Ophthalmology
Good Samaritan Surgical Associates	735 Norman Drive Lebanon, PA 17042	717-273-3758	General Surgery
Align Networks PT Network	Call Toll Free for Closest Location	1-866-695-3299	Physical Therapy
Align Networks Chiro Network	Call Toll Free for Closest Location	1-866-695-3299	Chiropractic
One Call Care Management	Call Toll Free for Closest Location	1-800-872-2875	MRI
KEYSCRIPTS	Call Toll Free for Closest Location	1-866-446-2848	Pharmacy