



## **SOCIAL DISTANCING WORKSHEETS\* FOR CUBS AND SCOUTS BSA/VENTURERS/ADULTS**

\*This is a spoof, but the patch is real! Complete the requirements, send your list of completions to [teamkern@aol.com](mailto:teamkern@aol.com) with your full name, unit number and physical address and you will receive a patch in the mail. *One per Scout/Adult, please! Harvest District units, only. When they're gone, they're gone!*

### **Cub Requirements for the "Social Distancing Patch"**

Do three of the following six requirements:

1. Talk with your parents about the extended time at home and give an example of each:
  - a. something that made it unenjoyable.
  - b. something that made it fun.
  - c. something that was unexpected!
2. Discuss these Social Distancing terms with your parents:
  - a. slow the spread
  - b. flatten the curve
  - c. do the five
3. With a parent, rank these popular 10 sports from Best to Worst for Social Distancing appropriateness: football, baseball, basketball, tennis, golf, wrestling, volleyball, swimming, ultimate, bicycling.
4. Explain to your parents three ways to estimate a distance of six feet. For example, "Six feet equals one dad." (only if your dad is actually six feet tall!)
5. Zoom or phone a friend or family member you haven't seen in at least a week.
6. Quarantine challenge: complete a large jigsaw puzzle – or – play solitaire with real cards – or – read a book for fun!

Email a list of your completed requirements to: [teamkern@aol.com](mailto:teamkern@aol.com) and include your full name, unit number and physical address. Mrs. Kern will mail your patch to you!

*One per person: if you received a Social Distancing Patch somewhere else, please consider that your one.*

## Scouts BSA/Venturing/Adult Scouter Requirements for the “Social Distancing Merit Badge”

Do four of the following items:

1. Show that you know proper “first aid” for dealing with these Social Distancing symptoms: Irritability, Lethargy, Weight Gain, Cabin Fever.
2. List three different ways to estimate a distance of six feet. For example, “Six feet equals one Ryan Reynolds.”
3. List five common Social Distancing hashtags – for example, #StayHome. (Your list may not include the example #StayHome.) And invent five new hashtags that you feel would help people understand, remember, or implement proper Social Distancing.
4. Help spread the use of Zoom or other school-approved meeting platform:
  - a. Show someone how to install it on their device.
  - b. Schedule and run a short meeting (5 minutes) with at least 5 people present.  
Who was there? What did you discuss?
5. Demonstrate to a family member that you understand these Social Distance actions:
  - a. wash your hands correctly
  - b. cough into your elbow
  - c. wave to greet someone (instead of shaking hands)
  - d. correctly put on and take off nitrile gloves
6. Quarantine challenge! Do 3 of these:
  - a. complete a 500 piece (or larger) jigsaw puzzle
  - b. memorize the lyrics to 3 songs
  - c. play solitaire with real cards
  - d. Read a book
  - e. Make a “bucket list” of things you want to do when this is all over
7. Find out about three career opportunities in the global health industry. Pick the one that interests you most and find out what you’d need to do for that profession – education, training and experience. Explain why this might be a good profession for you!

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