

2023

Iron Forge  
Cookoff

Fall Outpost  
Challenge

THEME:  
BREAKFAST!



### Scouts BSA Be Prepared Cook Off Rules

1. Teams should be made up of 2 Scouts or 2 Scouters. Teams can sign up in Tentaroo while registering their units.
2. Teams must provide their own cooking stove, pans, utensils, and any other items needed to prepare their entree.
3. Teams must provide all of their ingredients.
4. Teams will be given a secret ingredient that must be incorporated into their entree.
5. Teams should work together without the help from other Scouts or adults.
6. Teams can begin cooking starting at 2p.m.
7. Entrees must be presented to the judges at 3p.m.



### Cub Scout Be Prepared Cook Off Rules

1. Each Pack may enter 2 teams containing 2-3 Scouts per team. Adult leader teams wanting to participate should sign up under Scouts BSA.
2. Teams must be entered into Tentaroo during unit registration to ensure we have enough supplies for the event.
3. All ingredients will be provided for the Cub Scout teams.
4. Teams will be able to pick ingredients from a table as directed by staff. After receiving all their ingredients, they will create a snack using those ingredients.  
**NO COOKING** will be required.
5. After all teams have their ingredients, they have 1/2 hour to complete their creation.
6. Teams should work together without help from other scouts or adults.

