



LEGEND OF THE *Dreamcatcher*

Native Americans of the Great Plains believe the air is filled with both good and bad dreams.

According to legend, the good dreams pass through the center hole to the sleeping person. The bad dreams are trapped in the web, where they perish in the light of dawn.

Historically, dreamcatchers were hung in the tipi or lodge and on a baby's cradleboard.



St. Joseph's Indian School

We serve and teach, we receive and learn.

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Learn more about the Lakota (Sioux) culture at stjo.org/culture.

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